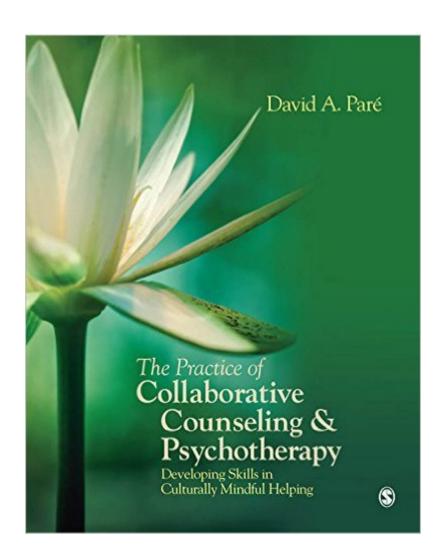
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The Practice Of Collaborative Counseling And Psychotherapy: Developing Skills In Culturally Mindful Helping





Synopsis

The Practice of Collaborative Counseling and Psychotherapy: Developing Skills in Culturally Mindful Helping is a comprehensive introduction to counseling and psychotherapy skills designed to teach future practitioners how to develop and foster collaborative relationships with their clients. Keeping power relations and cultural diversity at the forefront, Paré's text examines, step by step, the skills involved in collaborative therapeutic conversationâ "an approach that encourages a contextual view of clients and counteracts longstanding traditions of focusing primarily on individual pathology. Indeed, this insightful text teaches students how to keep clients at the heart of their therapy treatment by actively engaging them in the helping process.

Book Information

File Size: 4460 KB

Print Length: 492 pages

Publisher: SAGE Publications, Inc; 1 edition (December 19, 2012)

Publication Date: May 8, 2015

Sold by: A Digital Services LLC

Language: English

ASIN: B00XEP6MR8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #320,004 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #66 in Kindle Store > Kindle eBooks > Business & Money > Job Hunting & Careers > Vocational Guidance #172 in Books > Education & Teaching > Schools & Teaching > Counseling > Career Development #230 in Books > Business & Money > Job Hunting & Careers > Vocational

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Customer Reviews

This book is thought provoking and so well organized. Pare leads us, step by step, thru the process of counseling, parsing concepts into new understandings that deepen awareness and skill in relating to others. Must read.

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